

Backpacking Packing List for Colorado Bend January, 2017

Food will be purchased by the troop and distributed at the meeting just before the trip. Leave room for it in your pack! Check weather forecast in the week ahead of trip

My name is: _____

My buddy for this trip is: _____ Phone: _____

Packing

- Frame backpack (you can check one out from the troop if you do not have one.)
- Tie-down straps (NOT bungies)
- Waterproof pack cover
- Compression stuff sacks (especially for sleeping bag)
- 6 gallon-sized Ziplock freezer bags for clothes packing
- 2 heavy-duty garbage bags (variety of uses)

Shelter

- Backpacking tent w/stakes, poles & rain fly (the troop tents work fine, but should be shared between two scouts)
- Tent footprint or groundcloth
- Sleeping bag rated for expected temperatures
- Sleeping bag liner (optional for additional warmth/comfort)
- Sleeping pad (critical for cold weather camping)
- Backpacking pillow (optional)

Eating

- Stove (if you have one) and fuel that works with it
- Cook kit (pots & pans)
- Bowl or cup
- Spork
- Dish soap in very small bottle
- Filled 1-liter water bottles (minimum 2)

Clothing (NO COTTON)

- Hiking boots (only if well-broken in. DO NOT bring brand new boots.) Alternatives are hiking shoes with stiff soles, or high-top athletic shoes.
- Hiking socks (Smartwool)
- Sock liners (CoolMax)
- Warm base layer
- Long pants (not cotton)
- Moisture-wicking undershirt
- 2 warm, long-sleeve shirts
- Hat with brim or ball cap
- Soft toboggan hat
- Gloves
- Rain gear
- Fleece or wool sweater
- Windproof shell
- Belt with unobtrusive buckle (that won't interfere with backpack belt)

Utility

- Head lamp/spare batteries
- Pocket knife or multitool
- Matches or firestarter
- Watch
- Pencil
- Length of duct tape (wrap around pencil)
- 50' of paracord

Emergency

- First-aid kit
- Emergency contact info card
- Pole repair kit
- Whistle

Navigation

- Directions to destination
- Map
- Cell phone with charger and relevant apps (Gaia GPS, Maplets, with maps of hike already downloaded)
- GPS with spare batteries (if you have one)
- Compass

Personal Items (bring small versions)

- Toothbrush/toothpaste
- Medications
- Lip Balm
- Hand sanitizer
- Bug spray
- Sun protection
- Toilet paper
- Gold Bond (powder or stick) to prevent blisters/chaffing
- Money for the road there and back

Other Optional Items

- Cheap sunglasses
- Water purifier
- Reading material
- Sketchbook
- Floppy flyer or hackeysack
- Socks for camp (Smartwool)
- Sneakers for camp (optional)
- Sleeping clothes (lightweight shorts and shirt)
- Hand warmers
- Tekneu (for poison ivy)
- Camelbak